

8355 Walnut Hill Lane, Suite 225A Dallas, TX 75231 Phone: 972-685-2368 Fax: 972-692-7652

Email: <u>Tearstocheershandwriting@gmail.com</u>

Website: http://tears2cheers.com/

Tips for Accurate Letter Formation

Handwriting Help

- Teach capital letters first. Capital letters tend to be easier to learn because they all have the same height, all start at the top, and are easy to recognize.
- Teach kids to always write letters from the top to bottom.
 Forming letters from the bottom up is slow and inefficient, and will lead to poor handwriting. Cue your child to start "at the top" as they form letters.
- Start by teaching individual letters, then words, then sentences (all incapitals).
- Use a multi-sensory approach to teaching letters. Use multiple techniques to practice letters using sensory bins, gross motor kinesthetic techniques, or high contrast activities.
- Practice during shortsessions.
- Use consistent verbal and physical cues for letter formation.
- Make sure the child has a good posture in their chair.